

Xov Txog Hniav

Ntsib Koj Tus Kws Kho Hniav Thaum Koj Cev Xeeb Me Nyuam Lawm



Nws yog ib qhov tseem ceeb yuav tau mus ntsib kws kho hniav thaum koj cev xeeb me nyuam. Vim li cas? Koj li kev noj qab haus huv ntawm qhov ncauj tseem ceeb heev rau koj tus me nyuam kev noj qab haus huv kev loj hlob.

- Hniav lwj yog tshwm sim los ntawm kab mob. Koj tus me nyuam tuaj yeem “tau” kab mob los ntawm koj.
- Tswj kom koj tus me nyuam cov hniav thiab cov pos hniav tam sim no kom noj qab haus huv tuaj yeem pab pov thaiv tau koj tus me nyuam li hniav tuaj tom qab.
- Nov yog txoj hauv kev koj tuaj yeem pov thaiv tau kab mob hniav:
 - Txhuam thiab yang hniav txhua hnub, thiab siv tshuaj txhuam hniav.
 - Noj tej khoom noj zoo.
 - Mus ntsib tus kws kho hniav. Kev saib xyuas hniav ncuaj sij hawm cev xeeb me nyuam yeej nyab xeeb - qhov no suav nrog x-rays thiab tshuaj loog ntawm qhov chaw.

Teem sij hawm mus ntsuam xyuas hnub no. Yog tias koj xav tau kev pab nrhiav tus kws kho hniav, nug koj tus kws kho mob. Nco ntsoov qhia koj tus kws kho hniav los sis tus kws tu hniav kom huv tias koj cev xeeb me nyuam.

Koj tuaj yeem muaj cai rau saib xyuas dawb los sis tus nqi qis pab them los ntawm Medicaid. Qee lub xeev muaj kev pab them rau hniav thaum poj niam cev xeeb me nyuam.

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